



SILVER HILL HOSPITAL

RESTORING MENTAL HEALTH SINCE 1931

Looking for information about mental illness and addiction?

Visit the following websites for more information.

Silver Hill Hospital

<http://www.silverhillhospital.org/About-Silver-Hill.aspx>

American Psychiatric Association

<http://www.psychiatry.org/mental-health>

MedlinePlus, Mental Health

<http://www.nlm.nih.gov/medlineplus/mentalhealthandbehavior.html>

National Alliance on Mental Illness

http://www.nami.org/Template.cfm?Section=By_Illness

National Alliance on Mental Illness, CT Chapter

<http://www.namict.org/>

Connecticut Clearinghouse

<https://www.ctclearinghouse.org/Default.asp>

Suicide Prevention Lifeline

<http://www.suicidepreventionlifeline.org/>

American Foundation for Suicide Prevention

<http://www.afsp.org/>

National Library of Medicine, Depression

<http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001941/>

MedlinePlus, Depression

<http://www.nlm.nih.gov/medlineplus/depression.html>

Anxiety and Depression Association of America

<http://www.adaa.org/>

National Library of Medicine, Bipolar Disorder

<http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001924/>

MedlinePlus, Bipolar Disorder

<http://www.nlm.nih.gov/medlineplus/bipolardisorder.html>

MedlinePlus, Schizophrenia

<http://www.nlm.nih.gov/medlineplus/schizophrenia.html>

MedlinePlus, Eating Disorders

<http://www.nlm.nih.gov/medlineplus/eatingdisorders.html>

National Alliance on Mental Illness, Nutrition for Mental Illness

http://www.nami.org/Content/NavigationMenu/Hearts_and_Minds/Healthy_Eating/Mental_Illness_and_Nutrition.htm

American Academy of Child and Adolescent Psychiatry

http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/Facts_for_Families_Keyword.aspx

KidsHealth for Teens

http://kidshealth.org/teen/your_mind/

National Center for Complementary and Alternative Medicine

<http://nccam.nih.gov/>

MedlinePlus – Substance Abuse

<http://www.nlm.nih.gov/medlineplus/substanceabuseproblems.html>

National Institute on Drug Abuse

<http://www.easyread.drugabuse.gov/>

CT Community for Addiction Recovery

<http://www.ccar.us/>

Alcoholics Anonymous Meeting Locator

<http://www.aa.org/lang/en/subpage.cfm?page=28>

Narcotics Anonymous Meeting Locator

<http://www.na.org/?ID=home-content-fm>

American Pain Society

<http://www.americanpainsociety.org/>

Chronic Pain Anonymous

<http://www.chronicpainanonymous.org/>